

CONFERENCE REGISTRATION

Plenary Lunches Included with all registration

PHYSICIANS, NP, PA

- One day - (Early bird) \$300 | (After April 20) \$375
- Two days - (Early bird) \$475 | (After April 20) \$550

ALLIED HEALTH PROFESSIONALS (Non-MD\RN, Other)

- One day - (Early bird) \$150 | (After April 20) \$200
- Two days - (Early bird) \$300 | (After April 20) \$350

RESIDENTS (Non IU School of Medicine)

- One day - (Early bird) \$50 | (After April 20) \$75
- Two days - (Early bird) \$100 | (After April 20) \$125

Conference Registration Fees waived for:

- IUSM Department of Pediatrics Faculty, Fellows, Residents, & Students
- Pediatric Faculty Preceptors during the 2018-2019 academic year

PLEASE CHECK THE LUNCHES YOU PLAN TO ATTEND

○ **Tuesday, May 15 Plenary Luncheon** — "The Importance of Long-Acting Reversible Contraception (LARC) to Prevent Adolescent Unintended Pregnancy" | Jeffrey F. Peipert, MD, PhD

○ **Wednesday, May 16 Plenary Luncheon**, "Supporting Healthy Hoosier Moms and Babies to Reduce Infant Mortality in Indiana" Cameal Wright, MD

Refunds: Registration fees will be refunded if cancellation is made before May 1, 2019

Pre-registration will close May 1. Registration is available onsite. Only credit card and check payments will be accepted onsite. No cash.

Online registration is required. Payment may be made using MasterCard, Visa, American Express or Discover. After April 20, registration rates will increase.

The Indiana Chapter of the American Academy of Pediatrics will be hosting a booth in the Community Resource room. Be sure to stop by and learn about the many current programs and initiatives INAAP has to offer.

CONFERENCE REGISTRATION



54th Annual Riley Childrens Health Conference

“Driving the Future of Child Health, One Patient at a Time”

MAY 15 and 16, 2019
Wednesday and Thursday

NCAA HALL OF CHAMPIONS

CONFERENCE CENTER

700 W. Washington Street
Indianapolis, Indiana 46204

Indiana University School of Medicine Department of Pediatrics and Riley Children's Health



Register and pay online at:
<https://iu.cloud-cme.com/54Riley>

WEDNESDAY, MAY 15

7:00–8:00am General and Community Pediatrics Section Breakfast Meeting | Dorota Szczepaniak, MD
Breakfast for General and Community pediatric section only - RSVP through rojogonz@iu.edu

8:00–8:15am Welcome / Introductions

8:15 – 9:15am PLENARY 1 – “Early Experiences Elevate Everything: Early brain and child development and the future of society”
Dipesh Navsaria, MPH, MSLIS, MD

9:15-9:55am HOT TOPIC 1 – “Healthy Connections: How reading and relationships build better brains!”
Katie Swec, MD

9:55-10:25am Community Resource Room (Exhibits and Break)

10:25-11:05am HOT TOPIC 2 – “Beyond Back to Sleep: Enhancing your safe sleep guidance in the midst of an infant mortality crisis”
Emily Scott, MD

11:05-11:45am HOT TOPIC 3 – “Hypotonia Matters”

Marcia Felker, MD

11:45-12:15pm Community Resource Room (Exhibits and Break)

12:15–1:30pm PLENARY 2 - Luncheon “The Importance of Long-Acting Reversible Contraception (LARC) to Prevent Adolescent Unintended Pregnancy”
Jeffrey F. Peipert, MD, PhD

1:45–3:00pm CHOOSE ONE (1, 2, or 3) INTERACTIVE LECTURE

○ **#1** “Screens: Success or sabotage for schools? A discussion of children, screens and learning”
Dipesh Navsaria, MPH, MSLIS, MD

○ **#2** “Developmental and Behavioral Concerns for Our Immigrant children”
repeated | Sarah Stelzner, MD | Emily Sherer, MD
Lynn Sturm, PhD, HSPP

○ **#3** “Understanding the Neurobiological Impact of Postpartum Depression Through Attachment Theory”
Joanna Chambers, MD

3:00-3:30pm Community Resource Room (Exhibits and Break)

3:30–4:45pm CHOOSE ONE (4, 5, or 6) INTERACTIVE LECTURE

○ **#4** “Build Your Own Resilience to Care for Yourself”
Anne Mejia-Downs PT, MPH, PhD

○ **#5** “Developmental and Behavioral Concerns for Our Immigrant Children”
repeat | Sarah Stelzner, MD | Emily Sherer, MD
Lynn Sturm, PhD, HSPP

○ **#6** “How to Teach our Learners Good Diagnostic and Antibiotic Stewardship”
John C. Christenson, MD

4:45 - 6:30pm SOCIAL NETWORKING EVENT

We cordially invite you to join us Wednesday evening immediately following the last Interactive Lectures for our Social Networking Event. Light appetizers and beverages provided. All conference participants are invited.

THURSDAY, MAY 16

8:00 – 8:15am Welcome / Introductions

8:15 – 9:15am PLENARY 3– “The Developing Brain at Risk: Exposure to environmental pollutants in childhood”
Susan Buchanan, MD, MPH

9:15-9:55am HOT TOPIC 4 – “Environmental Influences and the Skin”
Patricia Treadwell, MD

9:55-10:25am Community Resource Room (Exhibits and Break)

10:25-11:05am HOT TOPIC 5 – “The Impact of Nutritional Programming”
Charles Vanderpool, MD

11:05-11:45am HOT TOPIC 6 “Violence and the Developing Brain”
Roberta A. Hibbard, MS, MD | Shannon Thompson, MD

11:45-12:15pm Community Resource Room (Exhibits and Break)

12:15–1:30pm PLENARY 4 - Luncheon “Supporting Healthy Hoosier Moms and Babies to Reduce Infant Mortality in Indiana”
Cameal Wright, MD

1:30 – 1:45pm Ambulatory Clinical Pediatric Poster Display

1:45–3:00pm CHOOSE ONE (7, 8, or 9) INTERACTIVE LECTURE

○ **#7** “Tools for Your Practice and Your Patients to Help Reduce Exposure to Environmental Chemicals”
Susan Buchanan, MD, MPH

○ **#8** “Social Determinants From a Clinical to Population Perspective”
repeated
Sarah GiaQuinta, MD MPH | T. Anthony GiaQuinta, MD

○ **#9** “Keeping the Baby in Mind: Infant mental health in primary care settings”
repeated
Christine Raches, PsyD, HSPP, BCBA |Elesia Hines, PsyD, HSPP

3:00-3:30pm Community Resource Room (Exhibits and Break)

3:30–4:45pm CHOOSE ONE (10, 11, or 12) INTERACTIVE LECTURE

○ **#10** “Help Me Grow Indiana: Promoting early brain development in primary care”
Emily Sherer, MD | Mary Delaney | Shannon Garrity, M.Ed | Kristi Linson | Angela Paxton

○ **#11** “Social Determinants from a Clinical to Population Perspective”
repeat
Sarah GiaQuinta, MD MPH | T. Anthony GiaQuinta, MD

○ **#12** “Keeping the Baby in Mind: Infant mental health in primary care settings”
repeat
Christine Raches, PsyD, HSPP, BCBA |Elesia Hines, PsyD, HSPP

4:45pm Adjourn -

See you at our 55th annual conference, May 13 & 14, 2020

COURSE DESCRIPTION

Welcome to the 54th Annual Riley Pediatric Conference. The title of the conference is, “**Driving the Future of Child Health, One Patient at a Time**”. The two-day event will focus on how the following topics affect early brain development: Early Education, Environment, Genetics, Maternal Depression / Stress, Nutrition, Preterm Birth, Toxic Chemicals / Endocrine Disrupting Chemical, and Toxic Stress.

This continuing educational conference addresses clinical best practices across a broad array of primary care pediatrics from the care of infants through adolescence.

Our Plenary Speakers:

Susan Buchanan, MD MPH

Associate Professor and Associate Director, Occupational and Environmental Medicine Residency Program, University of Illinois

Dipesh Navsaria, MPH, MSLIS, MD

Associate Professor of Pediatrics
University of Wisconsin - Madison

Jeffrey F. Peipert, MD, PhD

Professor and Chair, Department of Obstetrics & Gynecology
IU School of Medicine

Cameual Wright, MD, MBA

CareSource, Indiana Market

Course Objectives:

Plenary objectives: At the conclusion of the conference, participants should be able to:

- List 5 pollutants that have been associated with adverse neurodevelopmental outcomes in the pediatric population.
- Recognize the importance of relationships as a key driver for development early in children’s lives with a new awareness of toxic stress and how it differentially affects the early brain and results in long-term issues.
- List the common forms of long-acting reversible contraception (LARC), and describe how increased LARC use can reduce adolescent unintended pregnancies.
- Review the challenge of infant mortality in Indiana and discuss how moms can foster a healthy pregnancy.

Hot Topic objectives: At the conclusion of the conference, participants should be able to:

- Explain simple and effective ways to incorporate early literacy promotion into well visits to foster early brain development and school readiness.
- Explain the "why" behind the AAP's safe sleep recommendations to families in the era of social media and an ever-expanding market of infant sleep products.
- Recognize important causes of hypotonia that have required early treatment.
- Explain collagen vascular diseases which are influenced by environment as well as discuss ultraviolet exposure effects on the skin.
- Describe how early nutritional experiences in the infant can alter later neuropsychological development.
- Discuss the effects of trauma and toxic stress on the developing brain and how those changes can manifest in adolescence and adulthood.

Interactive Lectures objectives: At the conclusion of the conference, participants should be able to:

- Advise families on behaviors that will reduce chemical exposures.
- Strategies to address developmental and psychosocial concerns such as school issues, parenting concerns, bullying, insomnia, toxic stress. Also be able to describe the demographics of immigrant children in Indiana
- Explain the neurobiology of Attachment Theory and how postpartum depression affects the neurodevelopment of the infant.
- Describe how resilience can counteract the negative effects of stress.
- Teach physicians new skills, to better promote stewardship among learners.
- Review the available data about the use of screens from birth through adolescence and discuss developmental concepts that underlie the current recommendations for screen usage in children. Learners will also be able to elaborate on the historical context of marketing to children and the effect it may have upon them. You will also be able to explain the pros and cons of digital media and e-book usage.
- Explain the primary care provider's role in developmental screening and how Help Me Grow can assist practices in implementing recommended screening as well as learn examples of other resources that primary care providers can use to promote early brain development during office visits.
- Perform, with confidence and efficiency, a needs-based assessment with meaningful community based referrals.
- Discuss how their practice can support healthy social emotional development in infants and the parent-child relationship.”

COURSE FACULTY

Note: All faculty are appointed at Indiana University School of Medicine unless otherwise indicated.

Susan Buchanan, MD MPH

Associate Professor and Associate Director of Occupational and Environmental Medicine Residency Program, University of Illinois

Joanna E. Chambers, MD

Associate Professor, Psychiatry and Clinical Obstetrics and Gynecology

John C. Christenson, MD

Professor of Clinical Pediatrics, Clinical Chief, Ryan White Center for Pediatric Infectious Disease and Global Health

Mary Delaney

Pediatric Practice Specialist, CHIP IN for Quality Practice Liaison
Pediatrics, Children’s Health Services Research

Marcia V. Felker, MD

Assistant Professor, Pediatric Neurology

Shannon Garrity, M.Ed

Children’s Program Director, Maternal and Child Health Services
Indiana State Department of Health

Sarah GiaQuinta, MD MPH

VP of Community Health, Parkview Health

T. Anthony GiaQuinta, MD

President, Indiana AAP, Pediatrician for Parkview Physicians Group

Roberta A. Hibbard, MD

Professor, Division Chief, Child Protection Programs, Pediatrics

Elesia N. Hines, PsyD, HSPP

Assistant Professor, Pediatrics Child Development

Kristi Linson

Help Me Grow Coordinator, Maternal and Child Health Services
Indiana State Department of Health

Anne Mejia-Downs PT, MPH, PhD

Associate Professor, Krannert School of Physical Therapy
University of Indianapolis

Dipesh Navsaria, MPH, MSLIS, MD

Associate Professor of Pediatrics
University of Wisconsin - Madison

Angela Paxton

Pediatric Practice Specialist, CHIP IN for Quality Practice Liaison
Pediatrics, Children’s Health Services Research

Jeffrey F. Peipert, MD, PhD

Professor and Chair, Department of Obstetrics & Gynecology

Christine M. Raches, PsyD, HSPP, BCBA

Assistant Professor, Pediatrics Child Development

Emily K. Scott, MD

Assistant Professor, Hospital Medicine

Emily Sherer, MD

Pediatrician, HealthNet Peoples Health Center

Sarah M. Stelzner, MD

Assistant Professor, General and Community Pediatrics

Lynne A. Sturm, PhD, HSPP

Associate Professor, Pediatric Child Development

Katie M. Swec, MD

Assistant Professor, General and Community Pediatrics

Dorota Szczepaniak, MD

Associate Professor, Division Chief General & Community Pediatrics

Shannon L. Thompson, MD

Assistant Professor, Child Protection Programs, Pediatrics

Patricia A. Treadwell, MD

Professor of Pediatrics and Dermatology, General & Community Pediatrics


Charles Vanderpool, MD

Assistant Professor, Pediatric Gastroenterology, Hepatology & Nutrition
Associate Professor, Clinical Emergency Medicine and Pediatrics

Cameual Wright, MD, MBA

CareSource, Indiana Market

CONFERENCE INFORMATION

 **Handouts** - In our continuing effort to be green, this symposium will not provide printed presentation handouts for attendees. Presentations will be posted on-line, a week prior to the conference and remain available on-line until June 30, 2019. The download link for the presentations along with the passcode will be emailed prior to the conference to all who register. We will also have this information posted throughout the conference hall.

Evaluations and CME Credit - Evaluations will be sent to you via email after the conference to all registered participants. CME credit and certificates will be processed through the IUSM CME office. Be sure to provide an email address during the registration process.

Available Free WiFi - See posted signs throughout the conference hall for passcode.

ACCREDITATION STATEMENT



QUALITY ACCREDITED PROVIDER
INTERPERSONAL CONTINUING EDUCATION

In support of improving patient care, Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the

Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Indiana University School of Medicine designates this live activity for a maximum of 13.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Further Information - Indiana University School of Medicine Division of Continuing Medical Education, 410 W. 10th St., HS 2100, Indianapolis, IN 46202, 317.274.0104, 888.615.8013, fax 317.274.5182. For other CME offerings, please visit our website: cme.medicine.iu.edu.

Location and Lodging Information - Lodging is available within walking distance to the NCAA. You may choose from the Marriott Springhill Suites, Indianapolis Downtown (special conference rate is, \$134/night until April 23, 2019), 601 W. Washington St., Indianapolis, IN 46204, 317.972.7293. or, other options are the JW Marriott Indianapolis, or The Indianapolis Marriott Downtown also within walking distance. (0.5 miles).

Emergency Phone - Please silence all pagers and cellphones during the conference. If you wish to provide a contact for your office, please have them call the registration desk at 317-833-5106.

Community Resource Room - Primary care providers need a working understanding of community resources to provide medical homes for families. Built into the schedule are specific breaks, giving attendees time to visit our exhibitors in the Community Room where personnel will be available to help increase understanding of the services their group can provide. Come learn more about your community, enjoy some refreshments, and share ideas. We also welcome a variety of local and national pharmaceutical and device companies. We encourage you to stop by and get to know them.

Social Networking Event - following Wednesday's last Interactive Lecture series, we invite you to join us to network with community peers. All conference participants are welcome.

Parking - The Riverwalk parking garage, 245 University Blvd. Self-parking is available at the Riverwalk parking garage located on the IUPUI Campus, across the street from the NCAA and NIFS (National Institute for Fitness and Sport) and adjacent to the IUPUI Natatorium. After parking, cross Wabash Street and enter NCAA Door #1. Bring your parking ticket to the registration table to receive your Validated In and Out parking pass. One pass per day. Directions, go to: <http://tinyurl.com/hsrsbf9>

 **For handicap accessibility** - contact conference coordinator at 317-948-1999 or 317-833-5106 prior to May 1 for instructions.